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Optimizing Nourishment in the NICU

The Connecticut Children's Neonatal Intensive Care Unit at the UConn John Dempsey Hospital is offering a high-tech tool for moms to ensure their infants get the most out of breast milk and formula feeding.



(Stock photo provided by Connecticut Children's)

Mothers with infants in the [Connecticut Children's Neonatal Intensive Care Unit at the UConn John Dempsey Hospital](#) soon will have a new technology-driven tool to get the most out of breast milk and formula feeding.

Starting Feb. 17, mothers of Connecticut Children's NICU patients at UConn Health will have access to the Keriton Kare app, which will enable them and their care team to monitor feedings to maximize safety and efficacy. Mothers can use the app to track their pumping sessions and milk supply.

The Keriton platform uses a barcode system for the milk or formula specific to each patient, securely and in compliance with patient privacy regulations. It can monitor the feed preparation process beyond the bedside, notify when supplies are low or milk is nearing expiration, track pumping supplies and counsel when appropriate, and provide patient engagement tools to help with pumping breast milk.

Keriton debuts in Farmington after its introduction last year at Connecticut Children's Hartford NICU in Hartford.

“Just as we've seen in our Hartford NICU, the real-time information Keriton provides both mom and her care team will bring safety and quality of milk and formula feeding to an entirely new level,” says Lisa Dion, nurse manager at the Connecticut Children's NICU at the UConn John Dempsey Hospital.

The Keriton platform supports patient-centered care by providing analytics for lactation specialists to help mother maximize their milk supply, information and resources for technicians and nutritionists to optimize milk and formula inventories, and secure data for nurses to ensure the right babies are getting the right nourishment at all times.

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